



Stronger Together

2016 November 23

Staff Rep Weekly

Please share this important information with all VESTA members

Dates to Remember

*Meetings at VESTA
office 4pm unless
otherwise indicated*

November 24
Health & Safety
Committee

December 5
PD Workshops for
TTOCs

December 5
Adult Ed Executive
Committee

December 7
(Wednesday)
SRA/GM at Tupper



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Blue Cross Reasonable and Customary Limits Update

Recent changes to the reasonable and customary limits (R&C) calculated by Pacific Blue Cross have been announced. Effective October 1, 2016 the cost for certain services have increased and the following areas have recently been updated. The R&C limits are the range of fees for comparative medical services. These limits are applied on a per visit basis. Under the current plan paramedical claims up to and including the 24th visit per calendar year, per person are considered part of coverage included in our plan. After the 24th visit per year a note from your medical doctor will be required. To find more information about your specific coverage and usage please go to pac.bluecross.ca. You can log in using your Pacific Blue Cross information to access a detailed summary of your coverage and specific usage.

Service	Reasonable and Customary Limits
Massage Therapy	30 minute visit—\$63 (includes GST)
	45 minute visit—\$90 (includes GST)
	60 minute visit—\$110 (includes GST)
Naturopath	Initial visit—\$250
	Subsequent visit—\$180
Physiotherapy	20 minutes—\$63
	30 minutes—\$85
	45 minutes—\$100
	60 minutes—\$120
Podiatry	Initial visit—\$180
	Subsequent visit—\$105

BCTF Reminder—FSA Pilot and Assessment Committees

A reminder that BCTF has recently passed policy around not participating in the new FSA redesign and provincial assessment development teams. Anyone disregarding this would be in violation of the BCTF Code of Ethics.

Committee Representation

A reminder that according to the Collective Agreement Article A.5 representatives on committees to the board need to be appointed by the VESTA Executive. VESTA offers training throughout the year for members in order to be appointed to review and discuss the procedures and feedback process that the rep is responsible for conducting on behalf of the membership.

Restored Language from SCC

The restored language that was unconstitutionally stripped from our Collective Agreement is now up on the VESTA website for members to look at. The BCTF will continue to update the membership about the SCC ruling and the process moving forward. All members are strongly encouraged to look at the restored language and familiarize themselves with it. Hard copies of the restored language will be arriving at schools in the next couple of days. We encourage Staff Reps to discuss, at a VESTA meeting, how this language will impact your school.