



Stronger together Staff Rep Weekly

Please share this important information with all VESTA members

Dates to Remember

*Meetings at VESTA Office,
4:00 pm unless otherwise
indicated*

October 1 to 3- 9 am to 3 pm
Staff Union Rep Training
Maritime Labour Centre

October 1- Inner City
Teachers' working group

October 7- Anti-Poverty
Committee

October 10
Professional Issues
Committee

October 14
Thanksgiving Day

October 16
Living with Balance

October 17
Sustainability Committee

October 21
Status Of Women

New Teacher Induction

If you are a new teacher or TTOC hired in 2011, 2012, or 2013 and have not yet been formally welcomed to the union, please come to our New Teacher Induction and Celebration!

- Special guests from the BCTF, VESTA and the PSA Council will share valuable information on teaching supports, member benefits and the Collective Agreement.

- The BCTF offers all new teacher inductees a complimentary one-year membership to the Professional Specialist Association (PSA) of their choice.

This event will take place on Thursday October 24, 2013, in the VESTA office (2915 Commercial Drive), from 4:00 to 6:00pm. RSVP to vilmam@vesta.ca by Friday October 18th.

Living with Balance

We are excited to provide the BCTF's *Living with Balance* program for Vancouver teachers this fall. *Living with Balance* is a group workshop, which will run for two hours over six weeks, on Wednesdays from 4:00-6:00pm (Oct. 16th, 23rd, 30th, Nov. 6th, 13th, and 20th). *Living with Balance* sessions will take place at the VESTA office. They focus on developing tools and skills related to improving one's vitality and resiliency. This holistic approach to wellness will equip teachers to make simple lifestyle changes that will positively affect their physical, mental, and emotional well-being.

You can register online at <http://www.bctf.ca/forms/LWB-registration.aspx>

E-mail!

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ADVICE CORNER:

School-Based Professional Development Fund

Normally, the first priority is to spend these monies for school-based and staff professional development. However, both the Union and the VSB have agreed with the practice to make available those development funds, which were carried over from previous years, in order to financially assist teachers in attending professional development sessions on the **October Provincial PSA Day**, which is held on Oct. 25th.

If you are attending a PSA event that day, please apply **ASAP** to your school's Professional Development committee for funds to pay your registration fees for this PSA activity.